

The *Semaphore*

Fairfield Harbour Yacht Club



Vol. 39 No. 8 35° 04' N., 076° 58' W. September 2022



Commodore's Update

The *Semaphore* is an important part of Fairfield Harbour Yacht Club. It's been our way of communicating with our members, especially during times when we can't meet face-to-face, such as during the pandemic. Part of the communication aspect involves committee reports such as Regatta, Cruising, Membership, and Entertainment.

But there are more things that are shared under the communication banner, such as interesting stories of member experiences that occur in and out of Fairfield Harbour. We all have inquiring minds and want to know what's happening around us. Your stories help us get to know the members in the club, new places to explore, and what's coming up on the calendar.

I have seen interesting stories along with pictures on the FHYC Facebook page but don't see those same stories in the *Semaphore*. Many

members don't "do" Facebook but they do read the *Semaphore*. Why not share those stories with all of us? How about sharing a favorite recipe? Do you have a craft you would like to show off? We do not all have the gift of writing but the editors on the *Semaphore* have people who can take your story or idea to the next level (maybe not a literary award but something that we all would like to read).

The deadline for submission of articles for the next *Semaphore* is Monday, September 12, at 1200. Mark it on your calendar. Hope to see you in the *Semaphore*.

The next item on my Commodore's list is recruitment of committee chairpersons. Several of our committee chairs have been doing their "job" for quite some time and would like to sit back a little. They still want to be involved in club activities and would be willing to assist anyone who would like to take over the chairmanship of the committee. Georgie Jackson (Regatta chair) and Phil Katz (Cruising chair) each gave a synopsis of the duties of their

committees at the August general meeting. Next month several other committee chairs will be providing insight into their committees as well. I'm asking members to consider stepping up to fill some of these positions. My grandmother used to say "Many hands make light work." I think she was really trying to get as many of her grandkids in the kitchen to do the dishes but the premise still applies. Committees and their chairmen are listed in the yearbook. If you have questions about a committee or want more information, call them. They'd be more than happy to fill you in. Sign-up sheets will be available starting at the October general meeting.

Barb Robinson, Commodore

REMEMBER TO REACH FOR THE SKY!



What's Happening?

Sep	Sa	3	Race: Labor Day Holiday Fun	
	Mo	5	Board Meeting (AC)	1600
	Th	8	General Meeting (CC)	1900
	Fr	9	Education Seminar (AC)	0900
	Mo	12-19	Pamlico Cruise	

(CC)=Community Center, (RS)=Red Sail Park, (AC)=Activity Center

Deadline for next issue is noon, Monday, September 12, 2022

Delivery is Tuesday, September 27, 2022

September Program



The program for the September general meeting will feature a guest speaker, Ed O'Dowd, speaking about beach renewal on the Outer Banks.

Depending on his work schedule he will either do it remotely or in person. Either way, it is sure to be an interesting program on a topic that we are all interested in.

The Semaphore
Fairfield Harbour Yacht Club

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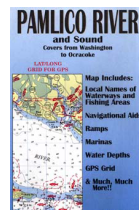
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Deadline: The deadline for receiving articles is 1200 noon on the Monday following the General meeting.

Please email articles to:

fhycsemaphore@gmail.com

Pamlico Cruise



The Pamlico Cruise is coming up September 12-19. We currently have 8 boats wanting to go, evenly divided with four sail and four power boats. Our itinerary, weather permitting, is to anchor on Monday in Bonner Bay with a splash upon arriving. Then we will go on to Belhaven for dockage and a tour of the town. Wednesday we will anchor in Bath and check out some of the sights in town, then on to Washington for two days at the city docks. There are many interesting things to see in this quaint town. We will go back to Bonner Bay for Saturday, and finally end up in Oriental. The cruise to Bonner Bay is the longer leg in this cruise but I think necessary to have plenty of time in Belhaven to check it out.

It would be good to get a good boat count early so we can call in reservations and make plans. Please email me at pkclay@hotmail.com if you are planning to come or just want more information. Of course, it is always weather permitting and adjustable.

Peter & Kathy Clay, Cruise Leaders

Trivia Contest



A trivia contest was held during the August general meeting. The team led by Doug and Kathie King won the contest. The trophy (hand made by Russ Thompson last year) was awarded to one couple on their team who are the club's newest members, Stan and Laurie Eakins. They will be able to treasure and display the trophy until the next trivia contest is held. Congratulations to the whole team!

Kathie King, Fleet Surgeon

In Memoriam

Gail Schiller passed away this past July. She, along with her husband Herm, joined the Yacht Club in July 1997. Over the years, she served on many committees, and took part in many activities. She and Herm had a variety of boats including a Freedom, Ranger Tug, and others. She will probably be best known for blowing the Shofar, the Jewish ram's horn, almost every year on Commissioning Day. She will be greatly missed.



Tranquil Base

For the Fourth of July weekend we were invited to spend a few days with a cousin who had just bought and had renovated a beautiful "Plantation Home" on a tributary off Lake Marion, South Carolina.

It was grand, with five bedrooms filled with family and friends, SUPs, kayaks, a run-about, and a pontoon boat. Not to forget the kiddie pool and the hammocks under huge ancient oak trees for the so inclined!

Paradise? One would think, and truly everyone there had a wonderful time. We sat on the porch watching a continuous parade of boats going by pulling skiers and tubers. Jet skiers circled by, leaving their plumes of spray behind them, and pontoon boats glided by with hosts allowing their guests to enjoy the scenic water ways.

It was entertaining, but for those of us from Fairfield Harbour, we missed the tranquil waters of our own community. Give me back my deck overlooking Birdland Marina with the occasional fishing boat and the comings and goings of our dock neighbors.

Tranquility, it feeds my soul. There is nothing like coming home to the peaceful shores of Fairfield Harbour.



Yvonne Meissner

Reminder Fall Appreciation Dinner

Thursday, October 20
The Chelsea Restaurant

Last day for reservations is
Saturday, October 10.



Turning the Corner

Fairfield Harbour Yacht Club leadership and members made the most of their creative activities while taking precautions since the 2020 start of the coronavirus pandemic. Finally, we're starting to see light at the end of the tunnel - and it's not an oncoming train.

The Centers for Disease Control and Prevention (CDC) updated guidance for Covid-19 precautions as of August 11, 2022. Current coronavirus variants are less deadly but more transmissible. However, the combination of available treatments and immunity due to vaccinations and prior infections decreases the risk of severe illness and death.

Thus, we can all tailor precautions to our health status, and planned activities and contacts. This is still a serious problem and people in the US are dying of Covid every day. The latest recommendations (available at [cdc.gov](https://www.cdc.gov)) are summarized below for your convenience. Thank you for your cooperation in our effort to protect FHYC members during this extraordinary time.

Summarizing CDC recommendations (from [cdc.gov](https://www.cdc.gov) on August 13):

- If you have tested positive, or are sick and suspect that you have Covid-19, please isolate yourself.
- If you test negative, you can end your isolation.
- **If you test positive, start counting your days.**

How to Count Days After You Have a Positive Covid Test		
Without Symptoms	Day 0	the day you were tested (NOT when you received test result)
	Day 1	first full day after you were tested
	<ul style="list-style-type: none"> • If you develop symptoms within 10 days of your positive test: restart at Day 0 	
	Days 1-5	stay home and isolate (this is when you are most infectious)
	<ul style="list-style-type: none"> • Wear a high-quality mask until Day 10, or until you have two sequential negative tests 48 hours apart 	
	<ul style="list-style-type: none"> • Do not travel or go places where you cannot wear a mask • Stay home and separate from others as much as possible • Improve ventilation, if possible; do not share personal items, and monitor your symptoms 	
With Symptoms	Day 0	the day of symptoms onset, regardless of when you tested positive
	Day 1	the first full day after your symptoms started
	Days 1-5	stay home and isolate (this is when you are most infectious)
	Day 6	you may end isolation <i>if</i> you are fever-free for 24 hours without the use of fever-reducing medication and your symptoms are improving; otherwise, continue to isolate
	<ul style="list-style-type: none"> • Wear a high-quality mask until Day 10 	
	<ul style="list-style-type: none"> • Do not travel or go places where you cannot wear a mask • Stay home and separate from others as much as possible • Improve ventilation, if possible; do not share personal items, and monitor your symptoms 	

If you have moderate illness with shortness of breath or severe illness with hospitalization, you should isolate until Day 10. If you have a weakened immune system, or questions about your illness or what to do, please talk to your health care provider.

Kathie King, Fleet Surgeon